

SIGNATURE PACKAGES

	🕒	VND
RELAXING PACKAGE	120'	1.200.000
Shampoo Therapy 60', Body massage 60'		
DETOX PACKAGE	120'	1.500.000
Herbal Foot Bath, Body Massage 60', Vitamin Facial Care 60'		
JEGLAG RECOVERY PACKAGE	100'	1.000.000
Herbal Foot Bath, Hot stone Massage 60', Refresh Facial Care 30'		

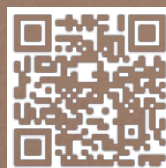
All prices are subjected to 5% service charge plus current government tax

The greatest gift you can give yourself
is the time to

REST , RECHARGE & RENEW



Silverland Ben Thanh Hotel
14-16 Le Lai, Ben Thanh Ward, HCMC
For Reservation: (+84) 909 375 438
Opening Hours: 10:00 AM - 10:00 PM
www.silverlandhotels.com



BODY THERAPY 🕒 / VND

SWEDISH MASSAGE

60' 700.000
90' 900.000

Classic massage better suited for people intersred in relaxation & tension relief.

SPORT MASSAGE

60' 800.000
90' 1.050.000

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

KL SIGNATURE MASSAGE

60' 850.000
90' 1.100.000

Employing a unique blend of Thai massage, Shiatsu & Swedish techniques combines with oil to help induce relaxation & release tension.

VIETNAM TRADITIONAL MASSAGE

60' 900.000
90' 1.200.000

A combination of clapping, punching technique & herbal ball. It is a stimulating deep tissue that focuses on the muscles & tendons.

HEAD-BACK-SHOULDER MASSAGE

30' 500.000
60' 1.000.000

The deeply relaxing massage focuses on the neck, shoulders and across the back or head.



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HAIR CARE 🕒 / VND

SHAMPOO & DRY

45' 400.000

SHAMPOO THERAPY

60' 600.000

Head, neck, and shoulder massage, facial cleansing, relaxing hair wash, and blow-dry.



FOOT REFLEXOLOGY 🕒 / VND

BASIC FOOT MASSAGE

30' 350.000

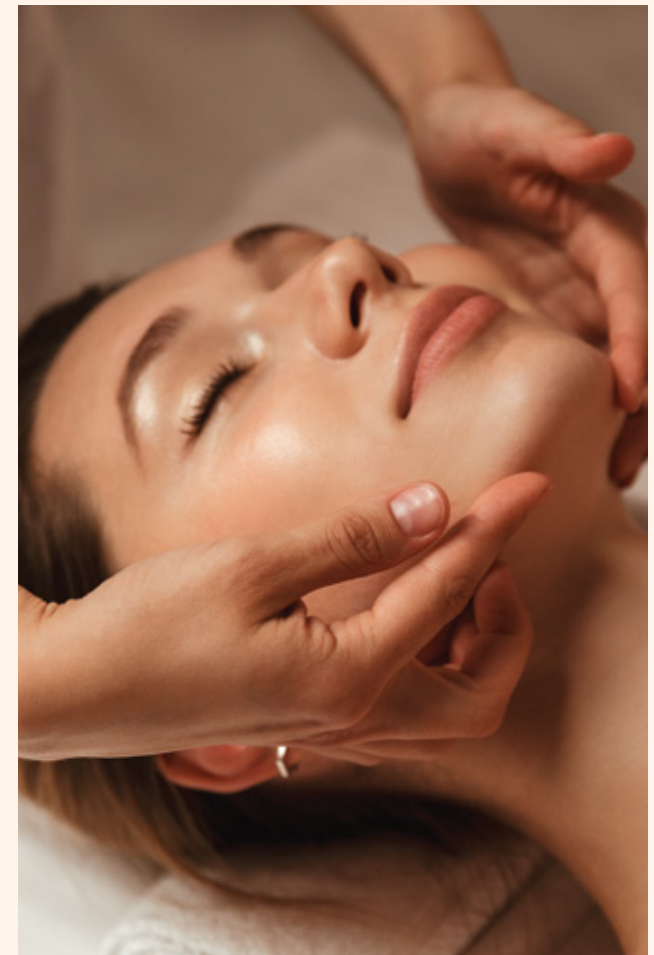
Herbal Foot Soak & Classic Foot Massage

Premier Foot Relaxology

60' 550.000

Melt into a state of deep relaxation with our Hot Stone Foot Massage, a ritual designed to ground the body and calm the mind. Smooth, warm stones are gently placed and glided along the feet, allowing heat to penetrate tired muscles and release long-held tension.

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FACIAL CARE 🕒 / VND

VITAMIN ENERGY

60' 1.000.000

Double treatment with multi vitamins & vegetal taurine. Energy booster with powerful revitalising action.

MEN FACIAL CARE

60' 900.000

This treatment will prevent breakouts & reduce enlarged pores.

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