





### **BODY THERAPY**

### **HOLISTIC THERAPY**

This treatment uses aromatic essential oils medicinally to improve the health of the body, mind & spirit.

60' | VND 700.000 90' | VND 900.000

### **SWEDISH MASSAGE**

Classic massage better suited for people interested in relaxation & tension relief.

60' | VND 700.000 90' | VND 900.000

### **HOT STONE MASSAGE**

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body & encourage muscle relaxation.

60' | VND 800.000 90' | VND 1.050.000

### **THAI MASSAGE**

An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation & manipulation of energy lines.

60' | VND 800.000

#### SPORT MASSAGE

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

60' | VND 800.000 90' | VND 1.050.000

All prices are subject to 5% service charge plus current government tax







### **BODY THERAPY**

### **FOUR-HANDS MASSAGE**

A wonderful experience for spa holic who have a difficult time letting go of day-to-day thoughts and stresses.

60' | VND 1.500.000 90' | VND 2.300.000

### KL SIGNATURE MASSAGE

Employing a unique blend of Thai massage, Shiatsu & Swedish techniques combines with oil to help induce relaxation & release tension.

60' | VND 850.000 90' | VND 1.100.000

### VIETNAM TRADITIONAL MASSAGE

A combination of clapping, punching technique & herbal ball. It is a stimulating deep tissue that focuses on the muscles & tendons.

60' | VND 900.000 90' | VND 1.200.000

### **HEAD-BACK-SHOULDER MASSAGE**

30' | VND 500.000 60' | VND 1.000.000

All prices are subject to 5% service charge plus current government tax

# FOOT REFLEXOLOGY

### **FOOT MASSAGE**

A relaxing & effective technique that caters with all the demands of the feet.

30' | VND 350.000 60' | VND 550.000

### **LEG MASSAGE**

60' | VND 650.000



All prices are subject to 5% service charge plus current government tax

## **FACIAL CARE**

### **VITAMIN ENERGY**

Double treatment with multivitamins & vegetal taurine. Energy booster with powerful revitalising action.

60' | VND 1.000.000

### MEN FACIAL CARE

This treatment will prevent breakouts & reduce enlarged pores.

60' | VND 900.000

#### **EYE TREATMENT**

Providing decongesting & anti-fatigue action, fights effectively against the aging signs. Help smooth small wrinkles of the eye contour by softening the skin.

30' | VND 500.000



All prices are subject to 5% service charge plus current government tax

# **BODY CARE**

### **BODY SCRUB**

45' | VND 500.000

### **BODY WRAP**

45' | VND 500.000

### **COMBO BODY SCRUB & WRAP**

75' | VND 800.000

All prices are subject to 5% service charge plus current government tax





## HAIR CARE

## **SHAMPOO & DRY** 45' | VND 400.000

### **SHAMPOO THERAPY**

Head massage, Shampoo & Dry 60' | VND 600.000

All prices are subject to 5% service charge plus current government tax

# SIGNATURE PACKAGES

RELAXING PACKAGE	
Body Scrub & Wrap 60', Body Massage 60'	120'   VND 1.200.000
DETOX PACKAGE	
Facial Massage 60', Body Massage 60'	120'   VND 1.500.000
BLISS FOR HER	
Vietnamese massage 60', Shampoo Therapy 60'	120'   VND 1.300.000
VIP GENTLEMAN RELAXING	
Foot Scrub, Four-Hands massage 60', Men Facial Care	120'   VND 2.300.000
Exclusive Room	Room   VND 200.000
Upgrade Services	
Applied for any additional extended service	VND 200.000

All prices are subject to 5% service charge plus current government tax



12A Floor, Silverland Mây Hotel 28-30 Thi Sach, Sai Gon Ward, HCMC

For Reservation: (+84) 909 375 438
Opening Hours: 10:00 AM - 10:00 PM
www.silverlandhotels.com

