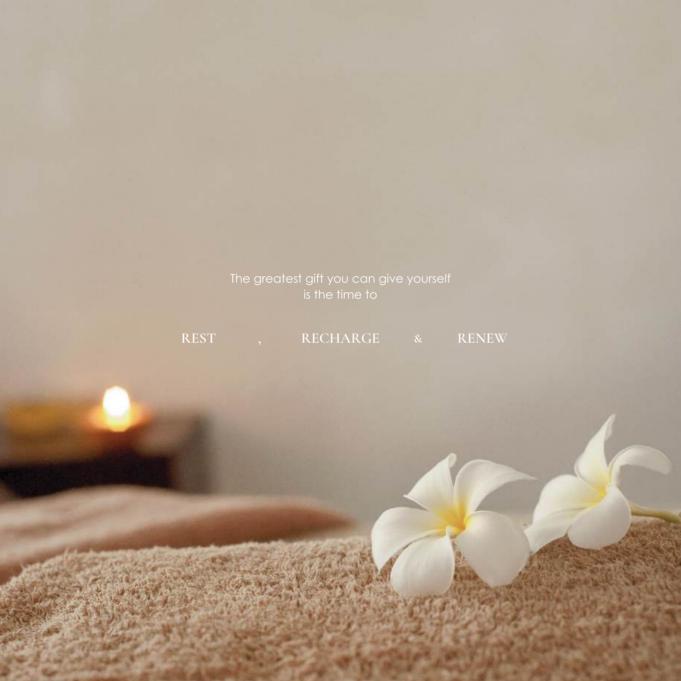
BODY THERAPY FOOT REFLEXOLOGY FACIAL CARE SIGNATURE PACKAGES **EXISPA MENU**



BODY THERAPY

HOLISTIC THERAPY

This treatment uses aromatic essential oils medicinally to improve the health of the body, mind & spirit.

60' | VND 700.000 90' | VND 900.000

SWEDISH MASSAGE

Classic massage better suited for people interested in relaxation & tension relief.

60' | VND 700.000 90' | VND 900.000

HOT STONE MASSAGE

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body & encourage muscle relaxation.

60' | VND 800.000 90' | VND 1.050.000

THAI MASSAGE

An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation & manipulation of energy lines.

^{60&#}x27; | VND 800.000

All prices are subject to 5% service charge plus current government tax





BODY THERAPY

SPORT MASSAGE

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

60' | VND 800.000 90' | VND 1.050.000

KI SIGNATURE MASSAGE

Employing a unique blend of Thai massage, Shiatsu & Swedish techniques combines with oil to help induce relaxation & release tension.

60' | VND 850.000 90' | VND 1.100.000

VIFTNAM TRADITIONAL MASSAGE

A combination of clapping, punching technique & herbal ball. It is a stimulating deep tissue that focuses on the muscles & tendons.

60' | VND 900.000 90' | VND 1.200.000

HEAD-BACK-SHOULDER MASSAGE

30' | VND 500.000 60' | VND 1.000.000

All prices are subject to 5% service charge plus current government tax





FOOT REFLEXOLOGY FACIAL CARE

FOOT MASSAGE

A relaxing & effective technique that caters with all the demands of the feet.

30' | VND 350.000 60' | VND 550.000

LEG MASSAGE

60' | VND 650.000

VITAMIN ENERGY

Double treatment with multivitamins & vegetal taurine. Energy booster with powerful revitalising action.

60' | VND 1.000.000

MEN FACIAL CARE

This treatment will prevent breakouts & reduce enlarged pores.

60' | VND 900.000

All prices are subject to 5% service charge plus current government tax

SIGNATURE PACKAGES

RELAXING PACKAGE Body Massage 60', Foot Massage 30', Refresh Facial 30'	120' VND 1.200.000
DETOX PACKAGE Facial Massage 60', Body Massage 60'	120' VND 1.500.000
KL SPORT ENERGY Foot Massage 45', Thai Massage 45'	90' VND 1.000.000
VIP GENTLEMAN RELAXING Foot Scrub, Four-Hands massage 60', Men Facial Care	120' VND 2.300.000
Upgrade Services Applied for any additional extended service	VND 200.000

All prices are subject to 5% service charge plus current government tax



Silverland Jolie Hotel 4D Thi Sach, Sai Gon Ward, HCMC

For Reservation: (+84) 909 375 438
Opening Hours: 10:00 AM - 10:00 PM
www.silverlandhotels.com

