



20-22-24 Thai Van Lung, Dist 1, HCMC  
www.silverlandhotels.com



## A touch of *Relaxation*

# PACKAGE SERVICE

	⌚	VND
<b>RELAXING PACKAGE</b> BODY SCRUB, BODY WRAP, BODY MASSAGE 60'	120'	1.200.000
<b>KL SPORT ENERGY</b> FOOT MASSAGE 45', THAI MASSAGE 45'	90'	1.000.000
<b>DETOX PACKAGE</b> FACIAL MASSAGE 60', BODY MASSAGE 60'	120'	1.500.000
<b>FOOT RELAX PACKAGE</b> FOOT SCRUB, WRAP, FOOT MASSAGE	90'	900.000
<b>VIP GENTLEMAN RELAXING</b> 4 HANDS MASSAGE, FOOT SCRUB, MEN FACIAL	120'	2.300.000

*All prices are subjected to 5% service charge  
and current government tax*



# Body Massage

## HOLISTIC THERAPY

THIS TREATMENT USE AROMATIC ESSENTIAL OILS MEDICINALLY TO IMPROVE THE HEALTH OF THE BODY, MIND & SPIRIT.

	⌚	VND
	60'	700.000
	90'	900.000

## SWEDISH MASSAGE

CLASSIC MASSAGE BETTER SUITED FOR PEOPLE INTERESTED IN RELAXATION & TENSION RELIEF.

	60'	700.000
	90'	900.000

## HOTSTONE MASSAGE

HEATED, SMOOTH BASALT STONES INCORPORATED INTO THIS UNIQUE MASSAGE TREATMENT FACILITATE THE BALANCING OF THE ENERGY CENTERS IN THE BODY & ENCOURAGE MUSCLE RELAXATION.

	60'	800.000
	90'	1.050.000

## THAI MASSAGE

AN ANCIENT HEALING TREATMENT WITHOUT OIL THAT COMBINES BROAD AND TARGETED ACUPRESSURE, STIMULATION & MANIPULATION OF ENERGY LINES.

	60'	800.000
	75'	900.000

## SPORT MASSAGE

THIS TREATMENT BRINGS DEEP RELAXATION TO THE MUSCLES AND CALMNESS TO THE MIND AND THE WHOLE NERVOUS SYSTEM.

	60'	800.000
	90'	1.050.000

## HERBAL MASSAGE

HERBAL COMPRESS MASSAGE, WHICH ORIGINATED IN THAILAND, TO RELIEVE THE STRESS, IMPROVE YOUR SLEEP, PROMOTES BLOOD CIRCULATION, STIMULATE THE LYMPHATIC SYSTEM.

	60'	800.000
	90'	1.050.000

## 4 HANDS MASSAGE

A WONDERFUL EXPERIENCE FOR SPA HOLIC WHO HAVE A DIFFICULT TIME LETTING GO OF DAY-TO-DAY THOUGHTS AND STRESSES.

	60'	1.500.000
	90'	2.300.000

## KL SIGNATURE

EMPLOYING A UNIQUE BLEND OF THAI MASSAGE, SHIATSHU & SWEDISH TECHNIQUES COMBINES WITH OIL TO HELP INDUCE RELAXATION & RELEASE TENSION.

	60'	850.000
	90'	1.100.000

## VIETNAMESE MASSAGE

A COMBINATION OF CLAPPING, PUCHING TECHNIC & HERBAL BALL. IT IS A STIMULATING DEEP TISSUE THAT FOCUSES ON THE MUSCLES & TENDONS.

	60'	900.000
	90'	1.200.000

## HEAD BACK SHOULDER MASSAGE

	30'	500.000
	60'	1.000.000



# Foot & Basic Service

## FOOT MASSAGE

A RELAXING & EFFECTIVE TECHNIQUE THAT CATERES WITH ALL THE DEMANDS OF THE FEET.

	⌚	VND
	30'	350.000
	60'	550.000

## FOOT MASSAGE WITH STONE

	60'	750.000
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## MASSAGE BACK WITH OIL

	30'	350.000
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## HAND MASSAGE

	30'	350.000
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## BELLY MASSAGE

	30'	400.000
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## LEG MASSAGE

	60'	650.000
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## \*Extra Service

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# Body Care

## BODY SCRUB

	⌚	VND
	45'	500.000

## BODY WRAP

	45'	500.000
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## COMBO BODY SCRUB & WRAP

	75'	800.000
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# Face Care

## SENSITIVE PRO

A PERFECT SOLUTION FOR DAMAGED, SENSITIVE, IRRITATED & RED SKIN.

	⌚	VND
	60'	900.000

## VITAMIN ENERGY

DOUBLE TREATMENT WITH MULTI VITAMINS & VEGATAL TAURIN. ENERGY BOOSTER WITH POWERFUL REVITALISING ACTION.

	60'	1.000.000
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## HYDRATING INTENSIVE TREATMENT

PROVIDING SKIN WITH A SENSATION OF ABSOLUTE HYDRATION.

	60'	1.100.000
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## MEN FACIAL CARE

THIS TREATMENT WILL PREVENT BREAKOUTS & REDUCE ENLARGED PORES.

	60'	900.000
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## EYE TREATMENT

PROVIDING ADECONGESTING & ANTI-FATIGUE ACTION, FIGHTS EFFECTIVELY AGAINST THE AGING SIGNS. HELP SMOOTH SMALL WRINKLES OF THE EYE CONTOURBY SOFTENING THE SKIN.

	30'	500.000
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