



4D Thi Sach St., Ben Nghe, Dist.1, HCMC
For Reservation: **(+84) 909 375 438**
Opening Hours: **10:00 AM - 09:00 PM**
www.silverlandhotels.com



A touch of *Relaxation*

PACKAGE SERVICE

	🕒	VND
RELAXING PACKAGE BODY SCRUB, BODY WRAP, BODY MASSAGE 60'	120'	1.200.000
KL SPORT ENERGY FOOT MASSAGE 45', THAI MASSAGE 45'	90'	1.000.000
DETOX PACKAGE FACIAL MASSAGE 60', BODY MASSAGE 60'	120'	1.500.000
FOOT RELAX PACKAGE FOOT SCRUB, WRAP, FOOT MASSAGE	90'	900.000
VIP GENTLEMAN RELAXING 4 HANDS MASSAGE, FOOT SCRUB, MEN FACIAL	120'	2.300.000

*All prices are subjected to 5% service charge
and current government tax*



Body Massage

HOLISTIC THERAPY

THIS TREATMENT USE AROMATIC ESSENTIAL OILS MEDICINALLY TO IMPROVE THE HEALTH OF THE BODY, MIND & SPIRIT.

	⌚	VND
	60'	700.000
	90'	900.000

SWEDISH MASSAGE

CLASSIC MASSAGE BETTER SUITED FOR PEOPLE INTERSRED IN RELAXATION & TENSION RELIEF.

	60'	700.000
	90'	900.000

HOT STONE MASSAGE

HEATED, SMOOTH BASALT STONES INCORPORATED INTO THIS UNIQUE MASSAGE TREATMENT FACILATES THE BALANCING OF THE ENERGY CENTERS IN THE BODY & ENCOURAGES MUSCLE RELAXATION.

	60'	800.000
	90'	1.050.000

THAI MASSAGE

AN ANCIENT HEALING TREATMENT WITHOUT OIL THAT COMBINES BROAD AND TARGETED ACUPRESSURE, STIMULATION & MANIPULATION OF ENERGY LINES.

	60'	800.000
	75'	900.000

SPORT MASSAGE

THIS TREATMENT BRINGS DEEP RELAXATION TO THE MUSCLES AND CALMNESS TO THE MIND AND THE WHOLE NERVOUS SYSTEM.

	60'	800.000
	90'	1.050.000

HERBAL MASSAGE

HERBAL COMPRESS MASSAGE, WHICH ORIGATED IN THAILAND, TO RELIEVE THE STRESS, IMPROVE YOUR SLEEP, PROMITE BLOOD CIRCULATION, STIMULATE THE LYMPHATIC SYSTEM.

	60'	800.000
	90'	1.050.000

4 HANDS MASSAGE

A WONDERFUL EXPERIENCE FOR SPA HOLIC WHO HAVE A DIFFICULT TIME LETTING GO OF DAY-TO-DAY THOUGHTS AND STRESSES.

	60'	1.500.000
	90'	2.300.000

KL SIGNATURE

EMPLOYING A UNIQUE BLEND OF THAI MASSAGE, SHIATSHU & SWEDISH TECHNIQUES COMBINES WITH OIL TO HELP INDUCE RELAXATION & RELEASE TENSION.

	60'	850.000
	90'	1.100.000

VIETNAMESE MASSAGE

A COMBINATION OF CLAPPING, PUCHING TECHNIC & HERBAL BALL. IT IS A STIMULATING DEEP TISSUE THAT FOCUSES ON THE MUSCLES & TENDONS.

	60'	900.000
	90'	1.200.000

HEAD, BACK, SHOULDER MASSAGE

	30'	500.000
	60'	1.000.000



Foot & Basic Service

FOOT MASSAGE

A RELAXING & EFFECTIVE TECHNIQUE THAT CATERS WITH ALL THE DEMANDS OF THE FEET.

	⌚	VND
	30'	350.000
	60'	550.000

FOOT MASSAGE WITH STONE

	60'	750.000
--	-----	---------

BACK MASSAGE WITH OIL

	30'	350.000
--	-----	---------

HAND MASSAGE

	30'	350.000
--	-----	---------

BELLY MASSAGE

	30'	400.000
--	-----	---------

LEG MASSAGE

	60'	650.000
--	-----	---------

*Extra Service

	__'	200.000
--	-----	---------



Body Care

BODY SCRUB

	⌚	VND
	45'	500.000

BODY WRAP

	45'	500.000
--	-----	---------

COMBO BODY SCRUB & WRAP

	75'	800.000
--	-----	---------



Face Care

SENSITIVE PRO

A PERFECT SOLUTION FOR DAMAGED, SENSITIVE, IRRITATED & RED SKIN.

	⌚	VND
	60'	900.000

VITAMIN ENERGY

DOUBLE TREATMENT WITH MULTI VITAMINS & VEGATAL TAURIN. ENERGY BOOSTER WITH POWERFUL REVITALISING ACTION.

	60'	1.000.000
--	-----	-----------

HYDRATING INTENSIVE TREATMENT

PROVIDING SKIN WITH A SENSATION OF ABSOLUTE HYDRATION.

	60'	1.100.000
--	-----	-----------

MEN FACIAL CARE

THIS TREATMENT WILL PREVENT BREAKOUTS & REDUCE ENLARGEG PORES.

	60'	900.000
--	-----	---------

EYE TREATMENT

PROVIDING ADECONGESTING & ANTI-FATIGUE ACTION, FIGHTS EFFECTIVELY AGAINST THE AGING SIGNS. HELP SMOOTH SMALL WRINKLES OF THE EYE CONTOURBY SOFTENING THE SKIN.

	30'	500.000
--	-----	---------

All prices are subjected to 5% service charge and current government tax